



M. Elizabeth Sandel, MD

Paradigm Medical Director
Catastrophic Care Management

Specialty

Physical Medicine and
Rehabilitation

Undergraduate Degree

Bucknell University, 1971

Medical Degree

Medical College of
Pennsylvania, 1981

Internship

Thomas Jefferson University
Hospital, Physical Medicine
and Rehabilitation, 1981-1982

Residency & Fellowship

Thomas Jefferson University
Hospital, Physical Medicine
and Rehabilitation, 1982-1984

Magee Rehabilitation Hospital,
Brain Injury Rehabilitation,
1984-1985

Boards & Certification

National Board of Medical
Examiners, 1982

American Board of Physical
Medicine and Rehabilitation,
1985

Brain Injury Medicine, 2014

Medical License

California

Expertise Applied at Paradigm

Acquired Brain Injury

Multiple Trauma

Start Year at Paradigm

2013

Dr. Elizabeth Sandel is a Paradigm Medical Director, specializing in physical medicine and rehabilitation and brain injury medicine. She currently holds an academic appointment at the University of California, Davis, School of Medicine.

Over three decades, Dr. Sandel led the expansion of brain injury and other rehabilitation programs in health systems in Pennsylvania, New Jersey and California. She has held academic appointments at Jefferson Medical College; the University of Medicine and Dentistry of New Jersey; the University of Pennsylvania; the University of California, Davis; and Touro College of Osteopathic Medicine. Dr. Sandel's research on brain injury and stroke outcomes has been supported with funding from Kaiser Permanente, the Centers for Disease Control and Prevention, and the National Institutes of Health. From 1997 to 2013, she served as Chief of Physical Medicine and Rehabilitation, Napa Solano Service Area, for Kaiser Permanente Northern California.

Dr. Sandel has served on state and national boards for organizations including the American Academy of Physical Medicine and Rehabilitation, the California Rehabilitation Association, and the Kaiser Permanente National Diversity Council. She served as AAPM&R president from 2009-2010 and, in 2012, received the organization's Krusen Lifetime Achievement Award. She is currently AAPM&R's liaison to the National Quality Forum and chair of its Performance Metrics Committee. She has also served on task forces and committees for the Institute of Medicine, the Agency for Health Care Policy and Research, the Defense and Veterans Administration, and the National Institutes of Health. She is a member of the Brain Injury Medicine Examination Committee of the American Board of PM&R and a panelist for the Brain Injury Association of America/Icahn Mount Sinai Traumatic Brain Injury Guidelines project.

Dr. Sandel received her MD from the Medical College of Pennsylvania and completed residency training in physical medicine and rehabilitation at Thomas Jefferson University Hospital, followed by a fellowship in brain injury medicine at Magee Rehabilitation Hospital. Her fellowship training also included rotations at San Francisco General and Braintree Hospital.